

## LAXMAN - The Science of Relaxation

We developed the LAXMAN as audiovisual mental system for modern stress management, efficient meditation training and enhancement of cognitive performance. The clinically tested effects combine light and sound to a new experience and inspire your inner world.

- ✓ Experience the revolutionary All-Color-Goggles with psychoactive light and sound
- ✓ Open your mind to achieve your higher potential
- ✓ Based on results of neurological research - supported by studies at the renowned Charité clinics
- ✓ More than 20 sessions support relaxation, meditation, sleep and more
- ✓ Programs can be expanded arbitrarily by MP3 and PC software
- ✓ Worldwide novelty product for audiovisual stimuli
- ✓ Winner of the german economy innovation price
- ✓ Quality made in Germany

### The splendid feeling of sublime tranquility.

The LAXMAN combines highly effective audiovisual stimulation with the features of a state-of-the-art multimedia device. It contains rd. four hours of exclusive and innovative ambient sounds for optimal effects (some of them composed by the well-known mental trainer Michael Hutchison).



The LAXMAN is the only light and sound relaxation system that allows you to add neurologically effective visual structures to your own music tracks and to carry light and sound in one single device. Use the MP3 player to create your own multimedia event – enjoy your own music not only as an auditory but also as a visual- and sensual experience!

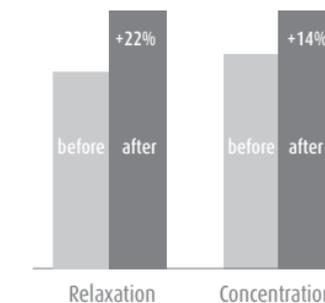
Expand your LAXMAN to your liking - choose from a wide variety of downloads eg. guided meditations, language and study courses, audio books, podcasts, ADS-therapies, lucid dreaming sessions...

Basically, the LAXMAN works on simple, natural principles: Everybody knows that it is relaxing to watch a flickering flame or the glittering surface of a lake. The LAXMAN uses underlying physiological mechanisms which are known as the “frequency following response”.

Over the last decades, this principle has been the subject of numerous studies. The great majority of the scientific tests showed extremely positive results.

Get your own Laxman & find out more!  
Go to: [www.mylaxman.com](http://www.mylaxman.com)

Study on the impact of the LAXMAN on cognitive performance, psycho-vegetative tension and general mental state (Dr. Gabriel, Charité 2009)



Improvement of the cognitive performance after three weeks of application



The LAXMAN breaks new grounds: The patented LAXMAN glasses can create every color of the light spectrum. The light is transmitted indirectly onto the closed or open eye. Interference patterns generate kaleidoscopic structures in all colors. These structures are programmed in accordance with neurophysiological research findings. Additionally, a Ganzfeld effect is generated to enhance the experience.

for more information visit:

[www.mylaxman.com](http://www.mylaxman.com)

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